

Safer Internet Week

Information and tips for people with children in the digital world

Below is some information related to the things your child will be learning about in class over the next week related to becoming a better and more responsible digital citizen. The theme for Safer Internet Day this year is consent and ownership, giving children the power and knowledge to be in control of their online lives.

Consent

We should be giving children control over their digital lives/footprint. Model the act of asking for and giving consent. Have you asked your child permission to take and post a picture of them on social media or send it to someone? Respect their answer to build their respect of others.

Are you open for discussion?

Children aren't consistently and confidently reporting concerns about things happening online as they think they will be 'told off' for being online/on social media in the first place. Children need to feel empowered and safe to talk to adults about what is happening, both positive and negative and know that they will be listened to.

Is preventing use helpful?

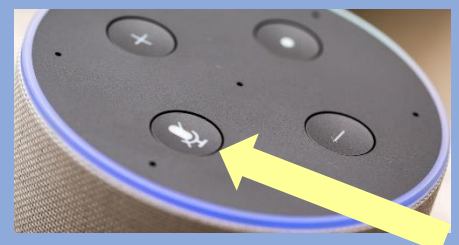
Social media presence and use of digital and online technology as a child or young person is inevitable and even an expectation of modern life. If we prevent them accessing these online services, the issues aren't going to go away or be fixed. Instead, give them boundaries and guidelines on safe usage to help build their resilience and knowledge of these technologies.

<https://foundation.mozilla.org/en/privacynotincluded/>

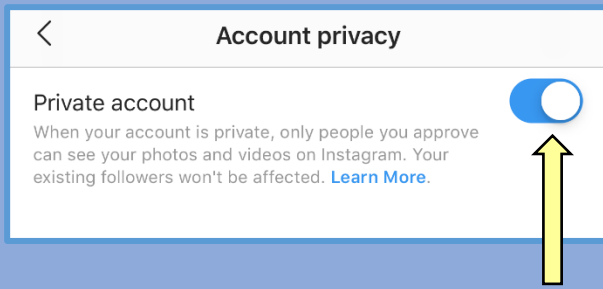
Mozilla Privacy not included is a new website that tells you what devices can 'spy' on you and to what degree, and how much information it gathers and holds on the user. Have a look for the devices you already have or want to see how much information they can get from your use.

Artificial Intelligence devices

These devices named Amazon's most gifted electronic device in December 2018. A show of hands in assembly this week showed that nearly $\frac{3}{4}$ of the children in this school have an Echo or similar device at home, with over $\frac{1}{2}$ of the devices being personal devices kept in bedrooms. Devices such as these, unless told not to, are always listening, so don't forget to turn the microphone off when they aren't in use.



Privacy settings



Any child with any social media account, unless shared exclusively with an adult, should have their privacy settings on. This way, they are in control of who sees the things they post and their information is generally safer. For advice and instructions on how to set up privacy settings, for both yourself and your child, see

the link below for detailed guides for a whole range of gadgets, apps and services.
<https://www.internetmatters.org/parental-controls/>

<p>DON'T BLOCK</p> <p>Avoiding technology is not a practical solution.</p>	<p>COLLABORATE</p> <p>Take an interest in your child's digital interests and favourite apps or sites. Consider co-viewing or co-creating at times.</p>	<p>BE THE PARENT</p> <p>You're in charge. Set boundaries and consider filtering software.</p>
<p>YAPPY</p> <p>Teach privacy: Your full name, Address, Phone number, Passwords, Your plans</p>	 <p>Digital Citizenship & Internet Safety</p> <p>TIPS FOR PARENTS</p>	<p>RULES</p> <p>Create a family media agreement with tech free zones such as cars, bedrooms and meals.</p>
<p>CRITICAL THINKING</p> <p>Help children filter information and navigate fact from fiction.</p>		<p>LEARN</p> <p>Explore reliable resources for parents so you can educate yourself.</p>
<p>UNPLUG</p> <p>Balance green time and screen time. Focus on basic developmental needs.</p>	<p>COMMUNICATE</p> <p>Work with your child to navigate digital dilemmas. Encourage open communication and avoid using devices as rewards/punishments.</p>	<p>13 +</p> <p>Don't support your child to sign up for 13+ sites if they're underage.</p>
<p><i>Don't forget</i></p> <p>YOU ARE A ROLE MODEL</p>		
<p>@kathleen_morris</p>	<p>kathleenamorris.com</p>	

If you have any questions or concerns, please do not hesitate to contact me in school, via the office. I am happy to discuss anything mentioned above or any other online safety queries you may have.

Regards, Miss Forbes